

From the EAST and Belize City

Follow the Western Highway almost to Belmopan. At the Guanacaste National Park/Agricultural Show Grounds roundabout, go straight on toward San Ignacio, which will take you across the bridge and into Roaring Creek

At the top of the hill (about 1 mile) just past the cemetery on the right, there's a big gas station called WestStar. The turning to our road is the unmade road directly opposite - look for the Rock Farm Guest House and Belize Bird Rescue sign (see bottom of page)

From the SOUTH (Dangriga, Placencia, Hopkins, Punta Gorda)

From the Hummingbird Highway, enter the 'running man' roundabout next to the Blue Moon restaurant, and go straight across as if you were going to Belize City or San Ignacio - not right toward Belmopan.

Go straight across the 'Quality Poultry' roundabout by the Uno Gas Station

At the Guanacaste 'flag' roundabout take the **left** exit toward San Ignacio

Cross the bridge and into Roaring Creek.

At the top of the hill (about 1 mile) just past the cemetery on the right, there's a big gas station called WestStar. The turning to our road is the unmade road directly opposite - look for the Rock Farm Guest House and Belize Bird Rescue sign (see bottom of page)

From the WEST (Guatemala, Benque Viejo, San Ignacio)

Follow the highway through San Ignacio and almost all of the way to Belmopan (about 35 miles in total)

About 3 miles before you get to Belmopan you come to Roaring Creek Village (the one after Camalote Village) (no signs). Look out for Weststar Gas Station on the left at the top of the hill in Roaring Creek.

The turning to our road is the unmade road directly opposite Weststar gas Station - look for the Rock Farm Guest House and Belize Bird Rescue sign. (see bottom of page)

(If you overshoot the gas station, you will go down a hill and cross the Roaring Creek Bridge between the police station and Guanacaste National Park and to the Flag Roundabout. By then you will realise your mistake)

EVERYONE

Once at Weststar Gas Station: look across the highway from the gas station – there's a brown Rock Farm/Belize Bird Rescue sign. Follow that unmade road for approx one mile. You will pass a black and white building on the hill (that's My Refuge radio station). Keep going - you'll pass a small red-roof house on the top of the next hill. Go down the hill you'll see a sign for the Guest House at the very bottom of that hill. Slide the whole gate carefully to the right and drive in past the aviaries. The Guest House is the first building you come to. Park anywhere you find a signed space, and don't worry about the greeting from the dogs – they love everyone.

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